

Proforma for developing a local action plan for the prevention and management of overweight and obesity

Tool 20

INTERVENTION	DELIVERABLE(S)	LEAD PARTNER	PARTNERS	TIMESCALE	DEADLINE
HOME					
<i>eg</i> Breastfeeding advice					
<i>eg</i> Healthy eating advice for young families					
SCHOOL					
<i>eg</i> Teaching about healthy eating					
<i>eg</i> Providing healthy meals					
<i>eg</i> Encouraging uptake of physical activity and sports					
WORKPLACE					
<i>eg</i> Providing healthy meals					
<i>eg</i> Workplace travel plans					

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Resources

INTERVENTION	DELIVERABLE(S)	LEAD PARTNER	PARTNERS	TIMESCALE	DEADLINE
COMMUNITY					
<i>eg</i> Healthy eating campaigns					
<i>eg</i> Physical activity campaigns					
<i>eg</i> Weight control groups					
PRIMARY CARE					
<i>eg</i> Healthy eating advice					
<i>eg</i> Physical activity advice					
<i>eg</i> Identifying overweight and obese patients					
<i>eg</i> Referral to commercial slimming clubs					
<i>eg</i> Exercise referral					
HOSPITAL					
<i>eg</i> Surgical management of extreme obesity					