

# Local planning proforma

## Tool 7

Local plans for obesity will need to show a strong focus on designing and developing services for:

- Dietary improvement, eg Food in Schools programme, 5 A DAY
- Increasing physical activity, eg National Healthy Schools Programme, pedometers, exercise on referral
- Provision of services around obesity care pathways for adults and children
- Increasing the health improvement workforce, eg school nurses, health trainers.

For each of these areas, consider the following questions:

- 1 How have you identified local needs for services to address obesity in your area for the next three years (eg local health needs assessment) and service models to improve outcomes?**
- 2 Have the needs of children and adults been clearly identified and addressed?**
- 3 How is the explicit contribution of the NHS towards wider determinants of lifestyle affecting the level of obesity in the population addressed?**
- 4 How will local targets in your area meet the gaps identified in your needs assessment and how will they reduce inequalities, especially in Spearhead PCTs?**
- 5 How will they address the needs of high-risk individuals and populations and those with co-morbidities such as diabetes or coronary heart disease?**
- 6 Are there clear and explicit measures to assess and monitor progress, with clear, realistic timescales?**
- 7 Will health equity audit be used?**

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Resources

